

☆☆☆ JAPANESE CUISINE ☆☆☆

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

Soup & Salad

Miso Soup	1.95
Seaweed Salad.....	5.95

Appetizers

Edamame (Boiled green soy bean pods)	4.95
Gyoza (Pan fried Japanese dumplings)	5.95
Shumai (Steamed dumplings with shrimp stuffing)	4.95
Tako Su (Octopus and Vegetables in vinegar dressing)	6.50
Kani Su (Crab meat and Vegetables in vinegar dressing)	6.50
Sunomono (Seafood and Vegetables in vinegar dressing)	7.95
Sushi Sampler (4 pieces assorted sushi)	7.95
Sashimi Sampler (5 pieces assorted raw fish).....	9.95
Tempura Sampler (Shrimp, crab stick and vegetables).....	7.95
Vegetable Tempura.....	5.95
Shrimp Tempura.....	7.95

Sushi or Sashimi

Tuna (Manguro)	4.95
Yellowtail (Hamachi).....	4.95
Salmon (Sake).....	4.95
Smoked Salmon	4.95
Eel (Unagi).....	4.95
Flying Fish Roe (Tobiko).....	4.95
Octopus (Tako).....	4.95
Salmon Roe (Ikura).....	4.95
Shrimp (Ebi).....	4.95
Mackerel (Saba).....	4.95
Red Snapper (Tai).....	4.95
Crab Stick (Kani).....	4.95
Egg Custard (Tamago).....	3.95

Sushi / Sashimi Specials

Served with Miso Soup

Sushi Regular	16.50
<i>(6 pieces of sushi and tuna roll)</i>	
Sushi Deluxe	19.50
<i>(8 pieces of sushi and California roll)</i>	
Sashimi Regular	17.95
<i>(12 pieces of fresh raw fish)</i>	
Sashimi Deluxe	21.95
<i>(15 pieces of fresh raw fish)</i>	
Sushi & Sashimi For One	25.95
<i>(9 sashimi, 5 sushi & California roll)</i>	
Sushi & Sashimi For Two	45.95
<i>(18 sashimi, 8 sushi & spicy tuna roll)</i>	
Unagi Don	15.95
<i>(Japanese rice bowl topped with broiled eel)</i>	
Chirashi	15.95
<i>(Japanese rice bowl topped with sauteed raw fish and vegetable)</i>	

Roll or Hand Roll

Cut roll is one uniformly sized roll cut into six bite-size pieces.
Hand roll is shaped like a cone and meant to be eaten without the aid of chopsticks.

California	4.95
Boston (Shrimp, lettuce)	4.95
Alaska (Salmon and avocado)	4.95
Tuna	4.95
Salmon	4.95
Negi Hama (Yellowtail and Scallion)	4.95
Eel (Broiled eel and cucumber).....	5.50
Shrimp.....	4.95
Philadelphia (Smoked salmon and cream cheese)	4.95
Spicy Tuna	4.95
Spicy Crunch Kani.....	4.95
Spicy Red Snapper.....	4.95
Spicy Yellowtail.....	4.95
Spicy Salmon.....	4.95
Spicy Crunch White Tuna.....	4.95
Avocado	3.95
Cucumber (Kappa).....	3.95
Oshinko (Japanese Pickles)	3.95
Futo (Crab meat, sweet egg and vegetables).....	6.50
Rising Sun.....	7.95
<i>(Cooked California roll topped with salmon and a special sauce)</i>	
Dynamite (Tuna and yellowtail with crunch)	7.95
Dragon (California roll topped with broiled eel and avocado).....	12.95
Phoenix (California with spicy salmon on top).....	10.50
Red Dragon (Tempura shrimp with spicy tuna on top)	12.95
White Dragon (Spicy kani with spicy white tuna on top)	12.95
Caterpillar (Eel roll topped with avocado)	12.95
Rainbow (California roll topped with assorted fish and avocado).....	12.95
Soft Shell Crab.....	5.95
Spider Web (Soft shell crab with spicy tuna and a crunchy topping)	15.95
Manchester (Tempura shrimp with broiled eel on top).....	13.95

Udon

Traditional Japanese noodle soup served in a broth of seaweed, dried mushroom and soy sauce.

Vegetable.....	9.50
Chicken	10.95
Shrimp.....	13.95
Nabeyaki	12.95
<i>(Shrimp, chicken, vegetable and egg)</i>	

Yaki Udon

Sauteed Japanese noodle with vegetables.

Pork	10.95
Chicken	10.95
Beef.....	11.95
Shrimp.....	12.95

Luncheon Specials

Available 11:30am-3:00pm, Monday-Saturday (Except Holidays)
Served with Choice of Steamed White Rice or Brown Rice
and Hot & Sour Soup, Wonton Soup or Egg Drop Soup
Not Substitution Please

Ginger Pork with String Beans	6.50
➤ Shredded Pork in Black Bean Sauce.....	6.50
Sweet and Sour Chicken	6.50
Sliced Chicken with Broccoli	6.75
Moo Goo Gai Pan	6.75
Ginger Chicken with String Beans	6.75
Sliced Beef with Assorted Vegetables.....	6.95
➤ Shredded Beef Szechuan Style	6.95
Shrimp with Assorted Vegetables	7.25
➤ Shrimp in Garlic Sauce.....	7.25
➤ Broccoli Flowerettes in Garlic Sauce	6.50
Buddhist Delight.....	6.50
➤ Vegetables & Bean Curd in Garlic Sauce	6.50
Chow Mein (Pork, Beef, Chicken, Shrimp or Vegetarian)	6.25
Lo Mein (Pork, Beef, Chicken, Shrimp or Vegetarian)	6.25
Fried Rice (Pork, Beef, Chicken, Shrimp or Vegetarian).....	6.25

Our Chef Recommends

Crispy Sesame Chicken	7.50
➤ House Special Chicken	7.50
➤ Chicken Amazing.....	7.50
➤ Mala Chicken.....	7.50
Sizzling Chicken or Beef Platter.....	7.95
Triple Delight.....	7.95
Boneless Duck with Pine Nuts.....	8.75
➤ Mala Shrimp or Scallops.....	8.50
➤ Prawn Amazing.....	8.50
➤ Tangerine Beef	8.75

Japanese Lunch Specials

Serve Whole Day (7 Days).
Served with miso soup

Choice of California, Cucumber, Avocado, Alaska, Tuna

Maki Combo #1.....	8.50
<i>Choice of two maki rolls above</i>	
<i>(No repetitions or substitutions please)</i>	
Maki Combo #2.....	12.50
<i>Choice of three maki rolls above</i>	
<i>(No repetitions or substitutions please)</i>	
Maki Combo #3	16.50
<i>Five maki rolls above</i>	

➤ HOT & SPICY

All Dishes are cooked to order and can be modified to suit your taste.



PANDA GARDEN

RESTAURANT & LOUNGE
Chinese Cuisine & Sushi Bar



Sun. - Thur.: 11:30am-9:30pm
Fri. & Sat.: 11:30am-10:30pm

(802) 362-9133

Fax: (802) 362-9175

4519 Main Street
(Highridge Plaza Rt. 7A)
Manchester Center, VT 05255

www.pandagardenvt.com



Soups

Wonton Soup.....	1.95
➤ Hot and Sour Soup.....	1.95
Egg Drop Soup.....	1.75
Wonton Egg Drop Soup.....	2.25
Seafood Soup (For Tow).....	9.50
Crab Meat Chowder Soup (For Tow).....	10.95

Appetizers

Vegetable Roll (1).....	1.95
➤ Szechuan Dumpling in Hot Sesame Sauce.....	5.75
Boiled or Pan Fried Dumplings (6).....	5.95
Steamed Vegetable Dumplings (6).....	5.95
Shrimp Dumplings (6).....	6.95
Scallion Pancake.....	5.95
Cold Noodles with Sesame Sauce.....	5.95
Chicken Fingers.....	5.95
Fried Chicken Wings.....	5.95
Bar-B-Q Spare Ribs (4).....	7.75
Boneless Spare Ribs.....	6.50
Crab Rangoon (6).....	6.95
Beef Sticks (4).....	7.50
Chicken Lettuce Wrap.....	8.95
Shrimp Lettuce Wrap.....	10.50
Pu Pu Platter (For Two).....	16.50
<i>Includes Bar-B-Q Spare Ribs, Beef Sticks, Vegetable Rolls, Crab Rangoon and Chicken Fingers</i>	
Alaska King Crab Lettuce Wrap.....	13.95

Moo Shu

Sauteed Shredded Cabbages, Egg Mushrooms and Scallions, Served with Hoisin Sauce on the Side and Four Soft Flour Crepes to Make Your Own "Chinese Burrito"

Vegetables.....	8.95
Pork.....	9.75
Chicken.....	9.75
Beef.....	9.95
Shrimp.....	10.75
House Special (Shrimp, chicken & pork).....	10.75

Poultry

Sweet and Sour Chicken.....	9.95
Moo Goo Gai Pan.....	11.25
Sliced Chicken with Broccoli.....	11.25
Sliced Chicken with Snow Peas.....	11.25
Chicken with Assorted Vegetables.....	11.25
➤ Sliced Chicken in Garlic Sauce.....	11.25
Ginger Chicken with String Beans.....	11.25
➤ Hunan Chicken.....	11.25
➤ Diced Chicken with Peanuts.....	11.25
Sliced Chicken with Eggplant.....	12.95

➤ **HOT & SPICY** All Dishes are cooked to order and can be modified to suit your taste.

Seafood

Shrimp with Cashew Nuts.....	13.95
➤ Shrimp with Peanuts.....	12.95
Shrimp with Assorted Vegetables.....	13.95
Shrimp with Snow Peas.....	13.95
Shrimp with Broccoli.....	13.95
➤ Shrimp and / or Scallops in Black Bean Sauce.....	13.95
➤ Shrimp and / or Scallops in Garlic Sauce.....	13.95
Shrimp with Eggplant.....	14.95

Beef

Sliced Beef with Broccoli.....	12.75
Sliced Beef with Snow Peas.....	12.75
Sliced Beef with Assorted Vegetables.....	12.75
➤ Sliced Beef in Black Bean Sauce.....	12.75
➤ Shredded Beef Szechuan Style.....	12.75
➤ Shredded Beef in Garlic Sauce.....	12.75
Ginger Beef with String Beans.....	12.75
➤ Hunan Beef.....	12.75
Sliced Beef with Eggplant.....	13.75

Pork

➤ Shredded Pork in Garlic Sauce.....	10.95
➤ Shredded Pork in Black Bean Sauce.....	10.95
Ginger Pork with String Beans.....	10.95
➤ Hunan Pork.....	10.95
Sliced Pork with Eggplant.....	11.95

Vegetables

Buddhist Delight.....	9.50
Sauteed String Beans.....	9.50
Sauteed Snow Peas and Water Chestnuts.....	9.50
➤ Broccoli Floweretts in Garlic Sauce.....	9.50
➤ Assorted Vegetables and Bean Curd in Garlic Sauce.....	9.50
Bean Curd with Assorted Vegetables.....	9.50
➤ Bean Curd in Black Bean Sauce.....	9.50
➤ Bean Curd Szechuan Style.....	9.50
➤ Eggplant in Garlic Sauce.....	10.50
Green Jade.....	9.95
<i>(String beans, snow peas & broccoli)</i>	

Light and Healthy

Served with a soy-based dipping sauce on the side

Steamed Mixed Vegetables.....	8.95
Steamed Chicken with Mixed Vegetables.....	11.25
Steamed Chicken with Snow Peas.....	11.25
Steamed Chicken with Broccoli.....	11.25
Steamed Ginger Chicken with String Beans.....	11.25
Steamed Shrimp with Mixed Vegetables.....	13.95
Steamed Seafood Platter.....	23.95

Our Chef Recommends House Special Dishes

General Tso's Dishes

Deep fried and sauteed with broccoli.

➤ General Tso's Tofu.....	12.95
➤ General Tso's Chicken.....	12.95
➤ General Tso's Salmon.....	15.95

Tangerine Dishes

Similar to General Tso's Dishes, but without broccoli and sauteed with orange peels as well.

➤ Tangerine Chicken.....	12.95
Tangerine Beef.....	14.50
Tangerine Shrimp.....	15.95

Sesame Dishes

Lightly fried and coated with sweet sesame sauce.

Sesame Vegetable.....	12.95
Sesame Tofu.....	12.95
Sesame Chicken.....	13.95
Sesame Beef.....	14.50
Sesame Shrimp.....	15.95

Sizzling Dishes

Garden vegetables sauteed in our brown sauce with butter and black pepper and served on a sizzling platter at your table.

➤ Sizzling Chicken.....	14.95
➤ Sizzling Beef.....	15.95
➤ Sizzling Delight (Shrimp and scallops).....	17.95
➤ Sizzling Salmon.....	16.95
➤ Sizzling Seafood (Lobster, king crab, sea scallops & jumbo shrimp).....	23.95

Amazing Dishes

Garden vegetables in a spicy tomato based sauce.

➤ Amazing Chicken.....	13.95
➤ Amazing Shrimp.....	15.95

Ma La Dishes

Garden vegetables sauteed with spicy mala sauce.

➤ Ma La Chicken.....	13.95
➤ Ma La Beef.....	14.95
➤ Ma La Shrimp and / or Scallops.....	16.95
➤ Ma La Seafood (Lobster, king crab, sea scallop & jumbo shrimp).....	23.95

Mango Dishes

Fresh mango and vegetables sauteed in our chef's special creamy sauce.

Mango Chicken.....	14.95
Mango Beef.....	15.95
Mango Wonder (Beef and chicken).....	15.95
Mango Shrimp.....	17.95
Mango Delight (Shrimp and scallops).....	17.95
Mango Seafood (Lobster, king crab, sea scallops, jumbo shrimp).....	23.95

Pan Fried Noodles

(Traditional Chinese Noodle Dish with Soft Egg Noodle Crispy Out Side and Tasty Inside)

Vegetarian.....	13.95
Chicken.....	14.95
Beef.....	15.95
Shrimp.....	16.95
Seafood.....	23.95

Chow Fun

(This Dish is Prepared with Sticky Broad Noodles and Cooked Much in the Same Way as Fried Rice)

Vegetarian.....	9.50
Pork.....	9.95
Chicken.....	9.95
Beef.....	10.50
Shrimp.....	10.95
House Special (Shrimp, chicken & pork).....	10.95

Pineapple Dishes

Fresh pineapple chunks and vegetables sauteed in our chef's special creamy sauce.

Pineapple Chicken.....	14.95
Pineapple Beef.....	15.95
Pineapple Wonder.....	15.95
<i>(Beef and chicken)</i>	
Pineapple Shrimp.....	17.95
Pineapple Delight.....	17.95
<i>(Shrimp and scallop)</i>	
Pineapple Seafood.....	23.95
<i>(Lobster, king crab, sea scallops & jumbo shrimp)</i>	

Abalone Mushroom Dishes

The texture of this mushroom is crispy and delightful just like abalone.

You have to try it out, it is strongly recommended by our chef.

Abalone Mushroom with Vegetable.....	12.95
Abalone Mushroom with Chicken.....	14.95
Abalone Mushroom with Beef.....	15.95
Abalone Mushroom with Shrimp.....	17.95

Crispy Pork.....	14.95
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Deep fried slices of pork strips sauteed in our chef's Bar-B-Q sauce.

Triple Delight.....	15.95
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Jumbo shrimp, chicken and beef sauteed with garden vegetables in traditional brown sauce.

Happy Family.....	17.95
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A surf and turf dish similar to triple delight, this dish has scallop, shrimp, beef, roast pork and vegetables.

Stir Fried Seafood & Chicken.....	17.95
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Onion and scallion sauteed with chicken, scallops and jumbo shrimp in our classic brown sauce.

Shrimp Royal.....	15.95
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A combination of shrimp, shredded pork & garden vegetables sauteed in our house special brown sauce.

House Duck.....	17.95
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Half of boneless duck meat sauteed with garden vegetables in brown sauce.

Boneless Duck with Pine Nuts.....	17.95
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Half of boneless duck served on a bed of mixed vegetables. Topped with our special Peking sauce and finished with a generous sprinkle of pine nuts.

Peking Duck.....	32.00
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The tender meat of a whole duck, custom carved and served with fresh scallion, cucumber, fruity hoisin sauce and soft flour crepes.

Lo Mein or Chow Mein

(Lo Mein is a Soft Egg Noodle Dish Prepared in the Same Style as Fried Rice) (Chow Mein is a Soupy Dish, Made with Napa, Cabbages and Bean Sprouts)

Vegetarian.....	8.50
Pork.....	8.95
Chicken.....	8.95
Beef.....	9.50
Shrimp.....	9.95
House Special (Shrimp, chicken & pork).....	9.95

Fried Rice

Vegetarian.....	8.50
Pork.....	8.95
Chicken.....	8.95
Beef.....	9.50
Shrimp.....	9.95
House Special (Shrimp, chicken & pork).....	9.95